

The 22nd of every month is "Tobacco-Free Day."



Smoking cessation consultation desk

- ◆ Shiodome Wellness Station (Shiodome Building 13th floor)

Tel: 03-6218-5372

hr.shiodomewellness@shiseido.com

- ◆ Wellness Station in GIC(9th floor in GIC)

Tel: 045-222-1609

hr.gicwellness@shiseido.com

- ◆ Hamamatsucho Wellness Station (SJ STATION 25th floor)

Tel: 03-5402-4190

hr.hamamatsuchowellness@shiseido.com

- ◆ Osaka Wellness Station (Osaka Building 6th floor)

Tel: 06-6205-6175

hr.osakawellness@shiseido.com



Please consult each wellness station and health management room.

■ Shiseido Health Support Dial 24 Free Dial 0120-556-023

(Available 24 hours a day, 365 days a year, including from mobile phones)

■ SHISEIDO HEALTH INSURANCE SOCIETY "Support smoking cessation"

[Support smoking cessation | Procedures | Shiseido Health Insurance Society](#)