

The 22nd of every month is "Tobacco-Free Day."

Smoking cessation consultation desk



In-house
desk

- ◆ Shiodome Wellness Station (Shiodome Building 13th floor)
Tel: 03-6218-5372
hr.shiodomewellness@shiseido.com
- ◆ Wellness Station in GIC (9th floor in GIC)
Tel: 045-222-1609
hr.gicwellness@shiseido.com
- ◆ Hamamatsucho Wellness Station (SJ STATION 25th floor)
Tel: 03-5402-4190
hr.hamamatsuchowellness@shiseido.com
- ◆ Osaka Wellness Station (Osaka Building 6th floor)
Tel: 06-6205-6175
hr.osakawellness@shiseido.com



Please consult each wellness station
and health management room.

External
desk

- Shiseido Health Support Dial 24 Free Dial 0120-556-023
(Available 24 hours a day, 365 days a year, including from mobile phones)
- SHISEIDO HEALTH INSURANCE SOCIETY "Support smoking cessation"
[Support smoking cessation](#) | [Procedures](#) | [Shiseido Health Insurance Society](#)